Proforma for Schools of Ophthalmology
Information for trainees applying for national recruitment

Please complete this Proforma and return a copy to the Royal College of Ophthalmologists at alex.tytko@rcophth.ac.uk.
Please read the information in each section before completing.
Please ensure you complete as much information as possible as this will aid trainees in their ranking. Please submit the form as a Word document. This information will be posted on the national recruitment section of the College website.

Please return this by Wednesday 4 January 2017

<table>
<thead>
<tr>
<th>Name of Deanery:</th>
<th>London South Deanery</th>
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<table>
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<tr>
<th>Brief Description of Training Programme: LONDON SOUTH Programme</th>
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<tbody>
<tr>
<td>Number of Trainees: 37</td>
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Rotation Examples (Flexibly arranged and not binding):
Trainees placed at Hospitals listed below from ST1-6, with a balance between DGH and teaching Hospital placements
Trainees may spend the first two years in one Trust

At ST7 trainees apply for a 12 month Trainee Selected Component (TSC) – there are 23 posts across London North and South Trainees choose options and are interviewed in the winter of ST6 year. TSCs placements are allocated based on interview scores.

Hospitals on rotation:
- Croydon University Hospital
- Epsom and St Helier
- Kings College
- Kingston
- Moorfields at St Georges
- Princess Royal
- Farnborough
- Queen Mary Sidcup
- St Thomas Hospital

GMC Survey Results (overall trainee satisfaction and educational supervision):
The GMC survey results aggregated over the past three years show good results for most units for trainee satisfaction and educational supervision. Where scores are less than satisfactory the School of Ophthalmology has engaged with the Unit to agree an action plan to improve trainee experience – these have resulted in rapid improvements in GMC Survey results.

Surgical Experience

Simulation Facilities:
- All ST1 trainees have compulsory three half days of one to one training sessions with the Consultant simulation training lead using the EyeSi machine at Moorfields.
- All trainees have the opportunity to attend a two day cadaver squint course from ST3 onwards
- All trainees at ST4-6 have to undertake simulation training in managing PC rupture and anterior

<table>
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<tr>
<th>Average number of Phacos performed by trainees after two years of training:</th>
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<td>100 ( range 50-200)</td>
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vitrectomy with each Unit having a practice head and advanced model eyes for this purpose. Many other opportunities for simulation include a day of training in suturing and lid procedures during the ST1 Induction course, simulation training in squint, oculoplastics and trauma provided by Moorfields in more senior years.

**Academia**

**ACF / ACL Track Records:**

The South London programme has a strong track record of ACF and ACL trainees who have successfully completed CCT and progressed to academic careers. On average there are 1 ACF and 1 ACL trainees on the South London Programme.

**OOPR Allowances and Stipulation:**

Trainees may go OOPR from the end of ST3 and are expected to return to the programme by the beginning of ST6. Six months’ notice must be given and three years is the maximum time a trainee can spend on OOP. Trainees are encouraged to arrange the start and finish of their OOP to coincide with the rotation dates in August where at all possible.

Trainee Research Network links:
The Research Network Lead for South London is Professor Chris Hammond St Thomas Hospital

All trainees expected to have completed GCP course.

**Research Opportunities:** Multiple opportunities for clinical and lab research at Guys and St Thomas, Kings College Hospital, Moorfields at St Georges as well as research projects at most of the DGH placements.

**Published Papers by Deanery Trainees (over the last 5 Years):**

Multiple publications in BJO, Ophthalmology, AJO, EYE, Nature, BMJ, etc etc

**National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA**

London trainees have presented regularly at all national and many International Meetings

**Monitoring of Training Quality**

What quality monitoring measures are in place for trainees to feedback on the quality of their training?

Trainees are given opportunities for feedback on the quality of their training by the following mechanisms:

1. Feedback via Local Faculty Group Meetings
2. Feedback to Tutors and or Directors of Medical Education in each Trust
3. Feedback via GMC survey annually
4. Feedback via School of Ophthalmology Survey
5. Feedback at Interim Review meetings held each year in Spring and at ARCP.

**Exam Pass Rates**

Outline of all exam pass rates for the 4 RCOphth Exams since September/October 2010:

<table>
<thead>
<tr>
<th>Exam</th>
<th>Total number of candidates</th>
<th>Number of passed candidates</th>
<th>Pass rate %</th>
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<tbody>
<tr>
<td>Part 1 FRCOphth</td>
<td>197</td>
<td>108</td>
<td>55</td>
</tr>
<tr>
<td>Refraction Certificate*</td>
<td>146</td>
<td>105</td>
<td>72</td>
</tr>
<tr>
<td>Part 2 FRCOphth Written**</td>
<td>209</td>
<td>145</td>
<td>69</td>
</tr>
<tr>
<td>Part 2 FRCOphth Oral**</td>
<td>173</td>
<td>124</td>
<td>72</td>
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In-house training for RCOphth Examinations
Trainees are able to attend exam practice for Part 2 FRCophth exams at St Thomas Hospital, led by Prof M Stanford
Practice for Refraction exam is arranged in local units, in some cases with optometry colleagues

Regional / Local Teaching Programmes
There are weekly half-day teaching programmes based at either St Thomas or Kings College Hospital.
These are curriculum based and led by consultants with regular attendance by supporting consultants; feedback from these sessions is excellent. Attendance is compulsory for trainees.
South London Programme also runs four Regional Study Days, which are very popular drawing a wide attendance from all grades of Ophthalmologists. These days are themed and follow the curriculum; different hospitals host the Regional Study days in rotation.

External Fellowships / TSCs / OOPE
Undertaken by Trainees (over the last 5 Years) -
All London trainees have the opportunity to apply for 12 month TSCs in their ST7 year providing they are on course to complete core training.
Trainee have also been granted OOP opportunities for Training, Research, Teaching Fellowships, Darzi Fellowships and overseas experience e.g. recently in Bangladesh, Australia, West Indies etc. Trainees are expected to undertake OOP only from end of ST3 – end of ST5 and are expected to return to the training programme for ST6 and ST7 years.

Leadership and Management Training Opportunities –
The London School of Ophthalmology has a spiral Leadership Curriculum. All trainees from ST1-7 choose two projects per year from the curriculum. Educational supervisors in all units agree the projects with the trainee. Over 7 years trainees develop a thorough grounding in all aspects of Leadership from managing oneself, reflective writing, managing teams, introducing new services, financial management, QIPP and preparing for consultant life.

Trainee Consultant Appointments (over the last 5 Years)
Trainees have regularly gone on to achieve consultant posts in DGH, Teaching Hospitals both in London and elsewhere in the UK. Academic trainees have been successful in securing Clinician Scientist awards post CCT.

*These results relate to the entire London Deanery
** These results relate to the London and KSS Deanery