



RCOphth Annual Congress 2018

Diagnosing nystagmus – how, why and when

Monday 21 May 2018 13.00 – 14.30

Chaired by Mr Jay Self, Southampton General Hospital

Pathological nystagmus is a specific disorder of eye movement. However, it can be seen in a variety of clinical scenarios and associated with a broad range of underlying diagnoses. Therefore, it often poses a diagnostic challenge when identified in ophthalmic practice. With the advent of clinically applicable eye tracking technology, hand-held OCT devices, genetic testing panels and treatment for some underlying conditions, accurate diagnosis is becoming key to clinical management. In this session we will hear how these advances are changing approaches to diagnosis in both specialist and non-specialist centres.

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| 13.00 – 13.05 | Welcome and introduction
Mr Jay Self |
| 13.05 – 13.20 | The Southampton approach to diagnosis in children
Mr Jay Self |
| 13.20 – 13.40 | Diagnosing nystagmus in adults
Mr Mike Burdon, Queen Elizabeth Hospital, Birmingham |
| 13.40 – 14.00 | The role of imaging techniques and electrophysiology in diagnosis
Irene Gottlob |
| 14.00 – 14.20 | The role of nystagmus waveforms in diagnosis
Dr Maria Theodorou, Moorfields Eye Hospital |
| 14.20 – 14.30 | Questions |