



RCOphth Annual Congress 2018

Getting into research

Monday 21 May 2018 13.00 – 14.30

Chaired by Dr Helena Lee, Senior Lecturer in Ophthalmology, University of Southampton

Have you thought about how to combine research and clinical work in ophthalmology?

This symposium is suitable for all those interested in undertaking research in ophthalmology at all stages of training. Using real examples of research being carried out by current trainee ophthalmologists at different stages of their careers, this interactive symposium aims to provide practical tips and advice for successfully carrying out research in an increasingly challenging clinical training environment.

Objectives - to:

- Understand how to take a clinical problem and develop it into a research question
- Learn about the different routes into clinical academia in ophthalmology
- Get practical tips and advice for combining clinical and academic ophthalmic training
- Learn how the Ophthalmology Clinical Trials Network can benefit your research

13.00 – 13.05

Introduction

Dr Helena Lee

13.05 – 13.20

From the lab to the clinic and back: (developing your research question)

Dr Rebecca Kaye, Academic Clinical Fellow in Ophthalmology,
Southampton General Hospital

13.20 – 13.25

Q&A

13.25 – 13.40

Clinical Academia... More than one path to consider

Dr Helena Lee

13.40 – 13.45

Q&A

13.45 – 14.00

The Superwoman Fallacy: What it really takes to be both a clinical and academic trainee

Dr Sofia Theodoropoulou, Academic Clinical Lecturer in Ophthalmology, University of Bristol

14.00 – 14.05

Q&A

14.05 – 14.20

Strength in Numbers: The role of the Ophthalmology Clinical Trials Network in research

Dr Daren Hanumunthadu, Specialist Trainee Ophthalmology Year 4, Imperial College Healthcare NHS Trust

14:20 – 14.30

Q&A