

Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



The ROYAL COLLEGE of OPTHALMOLOGISTS

Please complete this Proforma and return a copy to the Royal College of Ophthalmologists at alex.tytko@rcophth.ac.uk. Please read the information in each section before completing. Please ensure you complete as much information as possible as this will aid trainees in their ranking. Please submit the form as a Word document. This information will be posted on the national recruitment section of the College website.

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Please return this by Thursday 11 October 2018

Name of Deanery:
 London South Deanery

Brief Description of Training Programme: LONDON SOUTH Programme

Number of Trainees: 37

Link to the School of Ophthalmology website: All ST1 trainees on joining the South London Programme gain access to Synapse where all School of Ophthalmology Information is posted

Rotation Examples (Flexibly arranged and not binding):

Trainees placed at Hospitals listed below from ST1-6, with a balance between DGH and teaching Hospital placements

Trainees may spend the first two years in one Trust

At ST7 trainees apply for a 12 month Trainee Selected Component (TSC) – there are 23 posts across London North and South Trainees choose options and are interviewed in the winter of ST6 year. TSCs placements are allocated based on interview scores.

Hospitals on rotation:

Epsom and St Helier

Kings College

Kingston

Moorfields at St Georges

Moorfields at Croydon University Hospital

Princess Royal

Queen Mary Sidcup

St Thomas Hospital

GMC Survey Results (overall trainee satisfaction and educational supervision):

The GMC survey results aggregated over the past three years show good results for most units for trainee satisfaction and educational supervision. Where scores are less than satisfactory the School of Ophthalmology has engaged with the Unit to agree an action plan to improve trainee experience – these have resulted in rapid improvements in GMC Survey results.

Surgical Experience

Simulation Facilities:

All ST1 trainees have compulsory three half days of one to one training sessions with the Consultant simulation training lead using the EyeSi machine at Moorfields.

All trainees have the opportunity to attend a two day cadaver squint course from ST3 onwards

All trainees at ST4-6 have to undertake simulation training in managing PC rupture and anterior

Average number of Phacos performed by trainees after two years of training:

100 (range 50-200)

vitrectomy with each Unit having a practice head and advanced model eyes for this purpose.

Many other opportunities for simulation include a day of training in suturing and lid procedures during the ST1 Induction course, simulation training in squint, oculoplastics and trauma provided by Moorfields in more senior years.

Academia

ACF / ACL Track Records:

The South London programme has a strong track record of ACF and ACL trainees who have successfully completed CCT and progressed to academic careers. On average there are 1 ACF and 1 ACL trainees on the South London Programme

OOPR Allowances and Stipulation:

Trainees may go OOPR from the end of ST3 and are expected to return to the programme by the beginning of ST6. Six months' notice must be given and three years is the maximum time a trainee can spend on OOP. Trainees are encouraged to arrange the start and finish of their OOP to coincide with the rotation dates in August where at all possible.

Trainee Research Network links:

The Research Network Lead for South London is Professor Chris Hammond St Thomas Hospital
All trainees expected to have completed GCP course.

Research Opportunities: Multiple opportunities for clinical and lab research at Guys and St Thomas, Kings College Hospital, Moorfields at St Georges as well as research projects at most of the DGH placements.

Published Papers by Deanery Trainees (over the last 5 Years):

Multiple publications In BJO, Ophthalmology, AJO, EYE, Nature, BMJ, etc

National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA

London trainees have presented regularly at all national and many International Meetings

Monitoring of Training Quality

What quality monitoring measures are in place for trainees to feedback on the quality of their training?

Trainees are given opportunities for feedback on the quality of their training by the following mechanisms:

1. Feedback via Local Faculty Group Meetings
2. Feedback to Tutors and or Directors of Medical Education in each Trust
3. Feedback via GMC survey annually
4. Feedback via School of Ophthalmology Survey
5. Feedback at Interim Review meetings held each year in Spring and at ARCP.

Exam Pass Rates

Exam pass rates for the 4 RCOphth Exams since 2010- Sept 2018

Exam	Total number of candidates	Number of passed candidates	Pass rate %
Part 1 FRCOphth*	218	123	56.42%
Refraction Certificate*	175	132	75.43%
Part 2 FRCOphth Written**	264	191	72.35%
Part 2 FRCOphth Oral**	221	164	74.21%

* These results relate to the entire London Deanery

** These results relate to the London and KSS
Deanery

In-house training for RCOphth Examinations
Trainees are able to attend exam practice for Part 2 FRCOphth. exams at St Thomas Hospital, led by Prof M Stanford
Practice for Refraction exam is arranged in local units, in some cases with optometry colleagues

Regional / Local Teaching Programmes

There are weekly half-day teaching programmes based at either St Thomas or Kings College Hospital.
These are curriculum based and led by consultants with regular attendance by supporting consultants; feedback from these sessions is excellent. Attendance is compulsory for trainees.

South London Programme also runs four South Thames Study Days per annum, which are very popular drawing a wide attendance from all grades of Ophthalmologists. These days are themed and follow the curriculum; different hospitals host these in rotation.

External Fellowships / TSCs / OOPE

Undertaken by Trainees (over the last 5 Years) -
All London trainees have the opportunity to apply for 12 month TSCs Pan-Thames in their ST7 year providing they are on course to complete core training.

Trainee have also been granted OOP opportunities for Training, Research, Teaching Fellowships, Darzi Fellowships and overseas experience e.g. recently in Bangladesh, Australia, West Indies etc. Trainees are expected to undertake OOP only from end of ST3 – end of ST5 and are expected to return to the training programme for ST6 and ST7 years.

Leadership and Management Training Opportunities –

The London School of Ophthalmology has a spiral Leadership Curriculum. All trainees from ST1-7 choose two projects per year from the curriculum. Educational supervisors in all units agree the projects with the trainee. Over 7 years trainees develop a thorough grounding in all aspects of Leadership from managing oneself, reflective writing, managing teams, introducing new services, financial management, QIPP and preparing for consultant life.

Trainee Consultant Appointments (over the last 5 Years)

Trainees have regularly gone on to achieve consultant posts in DGH, Teaching Hospitals both in London and elsewhere in the UK. Academic trainees have been successful in securing Clinician Scientist awards post CCT.