

# Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



The ROYAL COLLEGE of OPTHALMOLOGISTS

Please complete this Proforma and return a copy to the Royal College of Ophthalmologists at [alex.tytko@rcophth.ac.uk](mailto:alex.tytko@rcophth.ac.uk). Please read the information in each section before completing. Please ensure you complete as much information as possible as this will aid trainees in their ranking. Please submit the form as a Word document. This information will be posted on the national recruitment section of the College website.

**Miss Alex Tytko**  
**Head of Department, Education and Training**  
**The Royal College of Ophthalmologists**  
**18 Stephenson Way, Euston, London NW1 2HD**

**Please return this by Tuesday 9 October 2018**

**Name of Deanery:**

South-East Region of Scotland Deanery

**Brief Description of Training Programme**

Number of Trainees: 15

Link to the School of Ophthalmology website: <http://www.nes.scot.nhs.uk/>  
<https://www.med.scot.nhs.uk/trainee-doctors/specialties/ophthalmology>

Rotation Examples (Flexibly arranged and not binding):

The majority of rotations are subspecialty based, with particular focus on completing competencies laid out on the RCOphth curriculum. Rotations are flexible to a certain extent to match training needs of individuals as much as possible. Training is closely supervised by clinical supervisors, educational supervisors and training program director.

Example of typical rotation: ( Please note: As per college guidance there is one research session for ST1 and ST2 and two research sessions beyond ST3)

Glaucoma rotation:

Day	AM	PM
Monday	Acute Referral Clinic	Laser Clinic
Tuesday	Theatre	Glaucoma Clinic
Wednesday	Theatre	General Clinic
Thursday	Glaucoma Clinic	Research
Friday	Research	Post Graduate Teaching

Hospitals on rotation:

Princess Alexandra Eye Pavilion in Edinburgh  
 St John's Hospital in Livingston  
 Queen Margaret Hospital in Dunfermline  
 Victoria Hospital in Kirkcaldy.

GMC Survey Results (overall trainee satisfaction and educational supervision):

GMC National Training Survey: comparison of 'Overall Satisfaction' indicator for our programme against other UK Deaneries/LETBs.-2016

Scotland/region	UK Mean	Scotland Mean	Negative	Positive	UK Ranking	n
South-East Region	86.66	93.33		6.66	1st of 20	15

### Surgical Experience

**Simulation Facilities:**

There are excellent facilities for surgery including a fully functional wet lab with EyeSi Acquiring surgical numbers to meet RCOphth curriculum to proceed past ST2 is not a concern.

**Average number of Phacos performed by trainees after two years of training:**

Our average number of phacoemulsification and lens implant procedures reflects this, being 80 after 2 years of training.

### Academia

**ACF / ACL Track Records:**

All trainees are expected to participate in audit & research and there is a dedicated postgraduate teaching session. There is no Academic Programme in this Deanery. However, there is access to specific programmes through the University of Edinburgh, which can be undertaken as an out of programme opportunity. These programmes include the Edinburgh Clinical Academic Training (ECAT) and Scottish Translational Medicine and Therapeutics Initiative (STMTI). We currently have 3 trainees whom are part of the ECAT programme and 1 trainee whom has completed the STMTI scheme

**OOPR Allowances and Stipulation:**

Trainees are encouraged and facilitated to take time out for research. Currently we have 2 trainees who are out of programme for research as part of the ECAT programme and 2 of the trainees have done the same programme in the recent past. Maximum time for OOPR is normally 3 years.

Trainees in their final year of training will not normally be granted OOPR.

**Trainee Research Network links:**

There is newly developed Ophthalmology Trainee Research Network. The network has the support of the UK wide Ophthalmology NIHR Clinical Research Network and Royal College of Ophthalmologists. They regularly meet to discuss opportunities and support mechanisms for trainee ophthalmic research in Scotland.

**Research Opportunities:**

South-East Scotland has excellent research opportunities. Doctors here are part of the many multicentre trials such as EAGLE, TAGS, EDNA, CHROMA, ASCOT, and ALLERGAN ARTEMIS. There are excellent links with University of Edinburgh with three chairs in ophthalmology, Prof Brian Fleck, Prof Bal Dhillon and Prof Roshini Sanders.

**Published Papers by Deanery Trainees (over the last 5 Years):**

The total numbers of publications by trainees over the last 5 years are around 50, in journals ranging from the BMJ, BJO, Eye and Nature Communications.

National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA

Furthermore, trainees have presented at many meetings including RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS, BIPOSA and SOC

## Monitoring of Training Quality

What quality monitoring measures are in place for trainees to feedback on the quality of their training?

The Quality of training is regularly monitored by quality panel of NES

## Exam Pass Rates

Outline of all exam pass rates for the 4 RCOphth Exams since September/October 2010

2010-2018			
Exam	Total number of candidates	Number of passed candidates	Pass rate %
Part 1 FRCOphth	36	22	61.11%
Refraction Certificate	23	19	82.61%
Part 2 FRCOphth Written	22	14	63.64%
Part 2 FRCOphth Oral	20	15	75.00%

In-house training for RCOphth Examinations

Consultants are very supportive with regards to exams and encourage you to take exams as soon as possible to meet training requirements. There is no formally organised in-house FRCOphth training. However, consultants are happy to teach and for you to attend clinics to learn prior to your exam.

## Regional / Local Teaching Programmes

Description of what the Regional / Local teaching Programmes provide –

Regional teaching is carried out on Friday afternoons with a guest speaker and 2 trainees presenting and consultant teaching. This is usually led by a consultant and subspecialty based.

## External Fellowships / TSCs / OOPE

Trainees are encouraged to do external fellowships and out of programme experience (OOPE). Trainee Selected Component can be done within the South East Scotland Deanery for most subspecialties. We have a good relationship with surrounding deaneries in Scotland and can sometimes arrange a TSC elsewhere if not available in South East Scotland.

Undertaken by Trainees (over the last 5 Years) -  
Trainees have done the following in the last 5 years:

Moorfields Teaching Fellowship – OOPE  
Moorfields Oculoplastic Fellowship – Post CCT  
Moorfields Medical Retina Fellowship – Post CCT  
San Diego Medical Retina Fellowship – Post CCT  
Birmingham Vitreoretinal Fellowship – Post CCT  
Paediatric Fellowship Cape Town, South Africa – Post CCT  
Birmingham Paediatric Fellowship – Post CCT  
Glasgow Oculoplastic Fellowship – Post CCT

Leadership and Management Training Opportunities –

These courses are provided by NES and it is an essential requirement for all trainees before the completion of training.

**Trainee Consultant Appointments (over the last 5 Years)**

Recent Consultant appointments of trainees who have CCT's in the last 5 years include:

Medical Retina – Manchester  
Paediatrics – Edinburgh  
Medical Retina – Edinburgh