

Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



The ROYAL COLLEGE of
OPHTHALMOLOGISTS

Please complete this Proforma and return a copy to the Royal College of Ophthalmologists at alex.tytko@rcophth.ac.uk. Please read the information in each section before completing. Please ensure you complete as much information as possible as this will aid trainees in their ranking. Please submit the form as a Word document. This information will be posted on the national recruitment section of the College website.

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Please return this by Tuesday 9 October 2018

Name of Deanery:

Kent, Surrey and Sussex

Brief Description of Training Programme

Number of Trainees: 35

Link to the School of Ophthalmology website: <http://www.ksseducation.hee.nhs.uk/specialty/ophta/>

Rotation Examples (Flexibly arranged and not binding):

In 4 out of our 5 posts you will stay in the same hospital for the first two years and so get the benefit of some stability, on the other hand you may prefer to experience some variety across the beautiful Sussex coast rotating from ST1 in Worthing to your ST2 year in Hastings. You will then rotate around posts in Kent, Surrey and Sussex for your ST3 to ST6 years ensuring a good mix of experience in all of the ophthalmology sub-specialties. We are not able to guarantee being placed in any particular part of the region in each year but you will have the opportunity to rank the posts each year and we aim to be as family-friendly and thoughtful as possible when deciding placements.

Hospitals on rotation:

Maidstone & Tunbridge Wells NHS Trust
East Kent Hospitals University NHS Foundation Trust
East Sussex Healthcare NHS Trust
Brighton and Sussex University Hospitals NHS Trust
Western Sussex Hospitals NHS Foundation Trust
Surrey and Sussex Healthcare NHS Trust
Royal Surrey County Hospital NHS Foundation Trust
Ashford and St Peter's Hospitals NHS Foundation Trust
Frimley Health NHS Foundation Trust

GMC Survey Results (overall trainee satisfaction and educational supervision):

In 2018:

Overall Satisfaction 83.48 (7th out of 15 Regions)

Educational Supervision 90.52 (2nd out of 15 Regions)

Surgical Experience

Simulation Facilities:

Dedicated EyeSi for KSS trainees
Regular Cataract simulation days at ST1
Trabeculectomy Wetlab
Oculoplastic Wetlab
Squint Surgery Wetlab
Laser simulation training aids in each ST1 unit

Average number of Phacos performed by trainees after two years of training:

At the last ARCP in June 2018 the ST2 trainees had done between 120 and 260 phacos each!

Academia

ACF / ACL Track Records:

We do not have any academic posts in KSS though in recent years we have had two trainees successfully applying in other regions for academic posts.

OOPR Allowances and Stipulation:

We view OOPR applications favourably at different points in a trainee's career and offer support as needed.

Trainee Research Network links:

Regular Clinical Research Network Trainee meetings under the auspices of a dedicated regional support network named Kent, Surrey and Sussex Ophthalmology Research Team (KSSOR). The group's mission statement is: To conduct high quality, trainee-led, multi-centred research and audit across the Kent Surrey Sussex deanery for the benefit of patients and their future care.

Research Opportunities:

KSS trainees are very active in research at a number of different levels at all units. There will be opportunities to engage in everything from case studies to multi-centre RCTs.

Published Papers by Deanery Trainees (over the last 5 Years):

Over the last 5 years KSS trainees have published in Current Opinion in Ophthalmology, The Lancet, The British Journal of Ophthalmology, Eye, The British Journal of Hospital Medicine, Ophthalmic Plastic & Reconstructive Surgery, Case Reports in Ophthalmology, Journal of Medical Case Reports, BMJ Case Reports, BMJ Minerva, Journal of Refractive Surgery, JAMA Ophthalmology, American Journal of Ophthalmology.

National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA

KSS trainees have presented multiple papers and posters at all the above meetings on an annual basis.

Monitoring of Training Quality

What quality monitoring measures are in place for trainees to feedback on the quality of their training?

As well as the annual GMC trainee survey we have quarterly regional surveys that are discussed at our STC meeting with the KSS Trainee representative. Active support and encouragement is given to College Tutors to maintain the quality of teaching. There are local trainee representatives on each Ophthalmology Local Faculty Group that meets quarterly in each Trust to discuss training and issues for action are raised there and passed on to the School of Ophthalmology or local Director of Medical Education as necessary. Trainees meet the TPD and Head of School on a yearly basis to discuss their training and the TPD attends most of the quarterly Regional Study Days to informally gather trainees' views on their training.

Exam Pass Rates

2010 - 2018			
	Total candidates passed	Total candidates	Pass rate %
Part 1 FRCOphth	36	59	61
Refraction Certificate	24	28	85.71
Part 2 FRCOphth Written*	264	191	72.35%
Part 2 FRCOphth Oral*	221	164	74.21%

* These results relate to the London and KSS Deanery

Outline of all exam pass rates for the 4 RCO Exams over the last 5 years:

No KSS trainee has ever failed to pass their part 1, refraction certificate or part 2 before the stipulated time in their training where failure would mean an extension to training. Pass rates have been consistently over 50% in all exams.

In-house training for RCOphth Examinations:

Trainee-led revision sessions undertaken with sessions at weekly consultant-led teaching and targeted training as necessary in areas where trainees request it.

Regional / Local Teaching Programmes

Description of what the Regional / Local teaching Programmes provide –

Weekly half-day teaching takes place for all trainees with some units offering other sub-specialty teaching at other points in the week. There are quarterly Regional Study Days rotating around the region.

External Fellowships / TSCs / OOPE

Undertaken by Trainees (over the last 5 Years) –

We currently have one trainee undertaking a Medical Retina TSC at Moorfields and one undertaking a Corneal TSC at Frimley. We provide TSC opportunities in all sub-speciality areas except paediatrics, which we are currently working on.

Leadership and Management Training Opportunities –

Annual leadership assessments are performed as part of the ARCP process in KSS and trainees are asked to undertake at least one activity each year such as Quality Improvement Project or shadowing of a senior leader in their Trust.

Trainee Consultant Appointments (over the last 5 Years)

As we are a new Training programme we have not had any trainees complete training as yet, the first tranche will be applying for jobs in the next 12 months and we will all have our fingers crossed for them! We were formerly part of the South Thames region and trainees have always had a good track record of successfully applying across London and the South-East and elsewhere for posts.