# Response ID ANON-788X-R9JQ-5

Submitted to Conditions for which over the counter items should not routinely be prescribed in primary care: A consultation on guidance for CCGs Submitted on 2018-02-09 12:29:56

# Introduction

1 In what capacity are you responding?

In what capacity are you responding?: Professional Representative Body

If 'other' please specify::

2 Name or organisation (optional):

Name or organisation: The Royal College of Ophthalmologists

3 Email address (optional):

Email address (optional): beth.barnes@rcophth.ac.uk

4 Have you read the document 'Conditions for which over the counter items should not routinely be prescribed in primary care: A consultation on guidance for CCGs'?

Yes

## **Equality and Health Inequalities**

5 Do you feel there are any groups, protected by the Equality Act 2010, likely to be disproportionately affected by this work?

No

Please provide further information on why you think this might be the case::

6 Do you feel there is any further evidence we should consider in our proposals on the potential impact on health inequalities experience by certain groups?

No

Please provide further information on why you think this might be the case::

# Proposals for CCG commissioning guidance

7 Do you agree with the three proposed categories for [items] or [conditions] as follows:

How do you feel about the three proposed categories for [items] or [conditions] as follows: - An item of low clinical effectiveness, where there is a lack of robust evidence for clinical effectiveness.: Agree

How do you feel about the three proposed categories for [items] or [conditions] as follows: - A condition that is self-limiting and does not require medical advice or treatment as it will clear up on its own.: Agree

How do you feel about the three proposed categories for [items] or [conditions] as follows: - A condition that is a minor illness and is suitable for self-care and treatment with items that can easily be purchased over the counter from a pharmacy.: Agree

Please provide further information::

### **General exceptions**

#### 8 Do you agree with the general exceptions proposed?

How do you feel about the general exceptions proposed? - Circumstances where the product licence doesn't allow the product to be sold over the counter to certain groups of patients.:

Agree

How do you feel about the general exceptions proposed? - Patients with a minor condition suitable for self-care that has not responded sufficiently to treatment with an OTC product.:

Agree

How do you feel about the general exceptions proposed? - Patients where the clinician considers that the presenting symptom is due to a condition that would not be considered a minor ailment.:

Agree

How do you feel about the general exceptions proposed? - Circumstances where the prescriber believes that in their clinical judgement, exceptional circumstances exist that warrant deviation from the recommendation to self-care.:

How do you feel about the general exceptions proposed? - Patients where the clinician considers that their ability to self-manage is compromised as a consequence of social, medical or mental health vulnerability to the extent that their health and/or wellbeing could be adversely affected if left to self-care.:

Agree

Please provide further information::

### **Further exceptions**

9 Should we include any other patient groups in the general exceptions?

No

Please provide further information::

# Drugs with limited evidence of clinical effectiveness

10 Do you agree with the recommendation to: Advise CCGs to support prescribers in advising patients that [item] should not be routinely prescribed in primary care due to limited evidence of clinical effectiveness?

How do you feel about the recommendation to: Advise CCGs to support prescribers that the following items should not be routinely prescribed in primary care due to limited evidence of clinical effectiveness? - Probiotics.: Agree

How do you feel about the recommendation to: Advise CCGs to support prescribers that the following items should not be routinely prescribed in primary care due to limited evidence of clinical effectiveness? - Vitamins and minerals.: Agree

Please provide further information::

### Self-limiting conditions

11 Do you agree with the recommendation to: Advise CCGs to support prescribers in advising patients that a prescription for treatment of [condition] should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment?

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Acute sore throat.:

Agree

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Cold sores.:

Agree

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Conjunctivitis.:

Agree

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Coughs and colds and nasal congestion.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Cradle

cap (Seborrhoeic dermatitis – infants).: Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Haemorrhoids.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Infant colic.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is self-limiting and will clear up on its own without the need for treatment? - Mild cystitis.:

Unsure

#### Please provide further information::

The Royal College of Ophthalmologists can only comment on treatments relating to eye conditions.

There is a slight risk that patients may use Antiviral creams bought over the counter from pharmacies without a prescription incorrectly it should be stressed cold sore creams should not be used in or around the eye.

#### Minor ailments suitable for self- care

12 Do you agree with the recommendation to: Advise CCGs to support prescribers in advising patients that a prescription for treatment of [condition] should not routinely be offered in primary care as the condition is appropriate for self-care?

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Contact dermatitis.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Dandruff.: Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Diarrhoea (Adults).:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Dry eyes/sore (tired) eyes.:

Agree

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Earwax.: Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Excessive sweating (Hyperhidrosis).:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Head lice.: Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Indigestion and heartburn.: Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Infrequent constipation.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Infrequent migraine.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Insect bites and stings.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Mild acne.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Mild dry skin/sunburn.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Mild to moderate hay fever/seasonal rhinitis.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Minor burns and scalds.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Minor conditions associated with pain, discomfort and/fever. (e.g. aches and sprains, headache, period pain, back pain).: Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Mouth ulcers.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Nappy rash.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Oral thrush.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Prevention of dental caries.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Ringworm/athletes foot.:

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Teething/mild toothache.:

ensure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Threadworms.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Travel sickness.:

Unsure

How do you feel about the recommendation to: Advise CCGs to support prescribers and patients that a prescription for treatment of the following conditions, should not routinely be offered in primary care as the condition is appropriate for self-care, unless general exemptions apply? - Warts and verrucae.:

Unsure

# Please provide further information::

The Royal College of Ophthalmologists can only comment on issues relating to treatment of eye related conditions.

#### **Condition specific exceptions**

13 Are there any item or condition specific exceptions you feel should be included, in addition to those already proposed and the general exceptions covered earlier?

No

Please provide further information::