# Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment

<table>
<thead>
<tr>
<th>Name of Deanery:</th>
<th>Peninsula Postgraduate Medical Education (HESW)</th>
</tr>
</thead>
</table>

## Brief Description of Training Programme

The South West Peninsula is an excellent choice for your Ophthalmology training. The Peninsula has been in the highest 3 scoring Deaneries for overall trainee satisfaction for many years, and has had excellent results for Ophthalmology in the GMC survey. As a smaller Deanery, we know all of our trainees personally and can work with you individually to help you get the most out of your training and your future career.

We offer excellent training in Ophthalmology; we have enthusiastic trainers and an excellent Postgraduate Medical Education team. We are able to provide very high-quality training in a wide range of Ophthalmology Sub-specialties, including up to TSC/fellowship level, as our units are forward thinking, very well equipped and staffed, and innovative, with well-established multidisciplinary working in many specialties in many units, enabling more training opportunities and fewer service sessions in the timetable.

Every unit has access to local simulation facilities and to the Virtual Reality simulation facilities in cataract surgery and indirect ophthalmoscopy at Torbay Hospital.

We also have excellent exam pass rates, and manage to retain many of our trainees in Consultant jobs locally. In fact, every unit in the region has Consultants who were trainees in the Peninsula. Trainees will be encouraged and supported through structured teaching programmes and well-established advanced sub-specialty training opportunities within the region.

Health Education South West is committed to supporting trainees and preparing them thoroughly for Consultant posts, and there are well established support mechanisms in place in each Trust, and also through the Deanery, if needed, including the Professional Support Unit, Supported Return to Work and Flexible Working Champions, and pastoral tutors in many Trusts.

The University of Exeter and the University of Plymouth Medical Schools, and the School of Optometry in Plymouth all provide excellent teaching, and learning opportunities.

Just as importantly, of course, we are in the most beautiful part of the country, with the coasts, the moors, the food and culture to explore and enjoy. Exeter is only 2 hours from London on the train, and we also have useful air links within the UK and further afield from Exeter, Bristol and Newquay Airports.

<table>
<thead>
<tr>
<th>Number of Trainees: 20</th>
<th>School of Ophthalmology website: <a href="ophthalmology.peninsuladeanery.nhs.uk/">ophthalmology.peninsuladeanery.nhs.uk/</a></th>
</tr>
</thead>
</table>

## Rotation Example:

Rotation usually involves all the hospitals in the rotation over the seven years. It would be very unusual, however, for a trainee to work in both North Devon (Barnstaple) and Cornwall (Truro) during their rotation.
Hospitals on rotation:

Torbay Hospital, Torquay
West of England Eye Unit, at the Royal Devon and Exeter Hospital, Exeter
Royal Eye Infirmary at Derriford Hospital, Plymouth
Musgrove Park Hospital, Taunton
North Devon District Hospital, Barnstaple
Royal Cornwall Hospital, Truro

GMC Survey Results:
Overall satisfaction and Educational Supervision – Peninsula Deanery

<table>
<thead>
<tr>
<th>Year</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Satisfaction score</td>
<td>83</td>
<td>83</td>
<td>81</td>
<td>82</td>
<td>82</td>
</tr>
<tr>
<td>HEE Rank in England</td>
<td>2nd</td>
<td>2nd</td>
<td>2nd</td>
<td>1st</td>
<td>1st</td>
</tr>
<tr>
<td>Educational Supervision score</td>
<td></td>
<td></td>
<td></td>
<td>87</td>
<td></td>
</tr>
<tr>
<td>HEE Rank in England</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1st</td>
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Overall Satisfaction by Programme

In the 2019 GMC trainee survey, the Peninsula Ophthalmology Program ranked 1st across England for overall satisfaction by trainees when rated against all the 13 Ophthalmology programmes

Surgical Experience

Simulation Facilities: There is a networked VR Magic EyeSi virtual reality cataract surgery simulator at Torbay Hospital, with access for all trainees in the region. This is up to date with all current software modules including anterior vitrectomy. The Vitreo-retinal platform is available at Bristol. Torbay also has the VR Magic Indirect Ophthalmoscopy simulator. All hospitals have dry lab facilities supplied with model eyes for extraocular and intraocular surgery practice. Laser simulation is available at Torbay hospital, who run an ST1 laser course, and increasingly in the other hospitals in the region. Regional training days include wetlabs for oculoplastics, glaucoma and anterior segment surgery.

Average number of Phacos performed by trainees after 2 years of training: 114

Academia

ACF / ACL Track Records: we do not currently have any academic trainees in the region.

OOPR Allowances and Stipulation: All OOP requests are considered on an individual basis. We currently have 2 trainees on OOPR and work hard to accommodate requests by being flexible with our rotation

Trainee Research Network links: https://ormuk1.wordpress.com/

Research Opportunities:
Clinical research is actively encouraged in all hospitals in the region. There are active research departments in all hospitals and we are lucky to have close links with both the University of Exeter and the University of Plymouth, both of whom have medical schools. The University of Plymouth also hosts the School of Optometry, and runs a postgraduate Orthoptic course.

<table>
<thead>
<tr>
<th>Published Papers by Deanery Trainees (over the last 5 Years):</th>
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<tbody>
<tr>
<td><strong>Book Chapters</strong></td>
</tr>
<tr>
<td><strong>Papers</strong></td>
</tr>
<tr>
<td>Sherman T, Raman V Incomplete scleral penetration of dexamethasone (Ozurdex) intravitreal implant <em>BMJ Case Reports</em> 2018 December 13;11(1)</td>
</tr>
</tbody>
</table>


Lin S, Gupta B, Rossiter J. Combined *ab interno* trabeculotomy and lens extraction: a novel management option for combined uveitic and chronic narrow angle raised intraocular pressure. *BMJ Case Rep* 2016 Feb 1. DOI: 10.1136/bcr-2015-212910


Spackman W., Booth, A & Waqar, S. What is the best way to measure intraocular pressure (IOP) in a virtual clinic. *Eye (2020)* DOI: 10.1038/s41433-020-01162-w

Quinn AS, Royo-Dujardin L, Knight B, Benzimra J, Quinn AG, Vaidya B. Changing trend in referral to secondary care specialist thyroid eye disease clinic following the Amsterdam declaration. *International Ophthalmology* 2017 DOI 10.1007/s10792-017-0463-0.


National and International meetings where trainees have presented (over the last 3 Years)

- Royal College of Ophthalmologists Congress
- British Oculoplastics Surgery Society Conference (BOPSS)
- European Glaucoma Society Conference (EGS)
- UK and Eire Glaucoma Society Meeting (UKEGS)
- London School of Ophthalmology Conference
- European Association for Vision and Eye Research Conference (EVER)
- UK Eye Genetics Groups Conference
- European Society of Ophthalmology Meeting
- European Society of Cataract and Refractive Surgery Conference (ESCRS)
- Oxford Ophthalmology Congress
- International Congress of Glaucoma Surgery (ICGS)
- UK and Ireland Society of Cataract and Refractive Surgeons (UKISCRS) Annual Meeting
- FLORETina
- SW Regional Imaging Meeting
- SW Ophthalmology Society Meeting
- World Association of Eye Hospitals Meeting
- SOE/AAO Joint Congress
- EUREtina
- British Association of Pathology Annual Conference
- Cretan Hands on Ophthalmology Conference
- International Consortium of Universities for Global Health Conference
- Royal Australian and New Zealand College of Ophthalmologists Annual Meeting (RANZCO)
- Association for the Study of Medical Education (ASME)

Monitoring of Training Quality

What quality monitoring measures are in place for trainees to feedback on the quality of their training?

Trainees can provide feedback on their training in various ways. These include, but are not limited to:

- Discussions with Educational Supervisors/College Tutor/TPD/HoS
- Feedback to the ST1-2 or ST3+ trainee reps or OTG rep either informally or via training surveys. These trainees sit on the School of Ophthalmology Board and attend the meetings at which they report.
- Feedback via the GMC NTS (mandated)
- Feedback via the annual updated Quality Panel process (from 2020). This process is trainee led, takes a variety of sources of information and grades each training post, providing areas for improvement for which the College Tutors and Trust Directors of Medical Education are responsible.
• Discussion with those in the local Trust: Speak Up or Anti Bullying Advisors, the Director of Medical Education, Junior Doctors’ Committee etc etc

### Exam Pass Rates last 5 years (2016-2020)

<table>
<thead>
<tr>
<th>Exam</th>
<th>Total number of attempts</th>
<th>Number of passed candidates</th>
<th>Pass rate %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1 FRCOphth</td>
<td>25</td>
<td>14</td>
<td>56</td>
</tr>
<tr>
<td>Refraction Certificate</td>
<td>19</td>
<td>11</td>
<td>58 ¹</td>
</tr>
<tr>
<td>Part 2 FRCOphth Written</td>
<td>9</td>
<td>7</td>
<td>78</td>
</tr>
<tr>
<td>Part 2 FRCOphth Oral</td>
<td>6</td>
<td>5</td>
<td>83</td>
</tr>
</tbody>
</table>

1. 100% pass rate since 2019 since introduction of refraction course involving local School of Optometry

### In-house training for RCOphth Examinations

**Refraction**: trainees are encouraged to attend refraction sessions in their local trust. There are also opportunities to get involved with the School of Optometry, and training sessions are run there for our local trainees. We had 100% pass rate in the refraction exam in 2019.

**Part 2**: the regional teaching program is structured to cover all elements of the curriculum, and mock OSCE sessions are included prior to the practical exams

### Regional / Local Teaching Programmes

**Local**: Each unit has a weekly half day teaching program on a Friday afternoon. In addition, there are a variety of weekly (or more frequently) fluorescein angiogram review meetings, subspecialty teaching sessions, audit and governance meetings which will vary between units.

**Regional**: There is a monthly whole day teaching program covering each area of the curriculum, which also includes regional meetings such as the South West Ophthalmology Society meetings, the South West Glaucoma Society meetings, the South West Oculoplastic meetings, West of England Association of Vitreo Retinal Surgeons etc

### External Fellowships / TSCs / OOPE

We have in-region TSCs in Medical Retina, Vitreoretinal Surgery, Oculoplastics and Glaucoma. Others could be arranged if there is demand (uveitis, cornea, paediatrics etc).

Recent trainees have gone on to UK and international fellowships in Glaucoma, Cornea, Neuro-ophthalmology, Medical Retina and Oculoplastics
### Leadership and Management Training Opportunities

Leadership and management training is included in all HEE training programs, planned as spiral learning throughout your training and there are multiple opportunities in each Trust. Your ES should discuss these opportunities with you. In addition, each Trust has a management training lead for all trainees. In Torbay, the lead is one of our Consultant Ophthalmologists.

### Trainee Consultant Appointments (over the last 5 Years)

- Mr K Vahdani – Moorfields Eye Hospital NHS Trust
- Mr N Edmeades – Torbay and South Devon NHS Trust
- Mr P Rautenbach – Royal Cornwall NHS Trust
- Mr S Waqar – Plymouth Hospitals NHS Trust
- Mr J Park – Taunton and Somerset NHS Trust
- Mr I Sian – Taunton and Somerset NHS Trust
- Mr J Benzimra – Royal Devon and Exeter NHS Trust
- Mr R Munneke – Royal Devon and Exeter NHS Trust
- Ms L Lim – Taunton and Somerset NHS Trust
- Mr N Modi – Dorchester Hospital, then Frimley Health NHS
- Mr B Gupta – Southampton University Hospitals NHS Trust