

Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



Name of Deanery:

EAST OF ENGLAND

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Brief Description of Training Programme

Number of Trainees: **36**

Very personal and friendly rotation

Link to the School of Ophthalmology website:

<https://hecoe.hee.nhs.uk/ophth>

https://hecoe.hee.nhs.uk/ophthalmology_welcome to see opportunities to come and meet us / meet some of our trainees, trainers and researchers

Rotation Examples (Flexibly arranged and not binding):

We have split our region into 3 manageable sub-rotations based around Addenbrookes or Norwich (voted in the top 3 units in the country for training). This negates the issue of huge commutes yet remains flexible to trainee needs and commitments outside of work. East of England has wonderful and affordable places to work, live and bring up families. Quality of life is high.

- **East (Norwich / Cambridge / Bury St.Edmunds / Ipswich / James Paget)**
- **South (Cambridge / Southend / Colchester / Chelmsford / Welwyn Garden / Watford / Luton)**
- **West (Cambridge / Norwich / Peterborough / Huntingdon / Luton)**

Hospitals on rotation:

See above

GMC Survey Results (overall trainee satisfaction and educational supervision):

TOP of the 2019, 2018 & 2017 GMC trainee survey: rated highest average across all 18 domains in the country out of all 15 regions.

2019 results

Overall average score of all 16 domains = 80.59 (Top of all 15 regions)

Regional Teaching = 85.34 (Top of all 15 regions)

Educational Supervision = 89.34 (4/15) Overall satisfaction = 86.53 (2/15)	
Surgical Experience	
Simulation Facilities: very very strong 3 EyESi simulators 2 wetlabs Cataract & complications simulation day Cadaveric simulation day (strabismus) Cadaveric simulation day (oculoplastics) Trabeculectomy simulation day Trauma simulation day All the above are free to our trainees	Average number of Phacos performed by trainees after two years of training: 50-100 by 2 years 600-1000 by end of program Very strong point
Academia	
ACF / ACL Track Records: 2 ACF posts currently	OOPR Allowances and Stipulation: Actively Encouraged OOPR – 6 months advanced warning Approx. 6 over last 3-4 years
Trainee Research Network links: Trainee Research network organised and linked to NIHR supervised by Professor Rupert Bourne at Addenbrookes	
Research Opportunities: Research projects available at all units, especially 2 teaching hospitals. Involvement in NIHR trials via the trainee network as above Research training day annually Research annual Prize competition	
Published Papers by Deanery Trainees (over the last 5 Years): Too numerous to count. If interested we can put you in touch with our research trainees who can give more information on that	
National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA Our trainees have presented at all the above meetings in the last 3 years. One of our trainees won the ARVO trainee award last year	
Monitoring of Training Quality	
What quality monitoring measures are in place for trainees to feedback on the quality of their training? Annual Trainee survey organised by trainee rep All trainees are in direct communication with Head of School to whom they can relay an concerns about training directly	

Exam Pass Rates

Outline of all exam pass rates for the 4 RCO Exams over the last 5 years

We have an above average pass rate since starting structured OSCE practice sessions at most of our regional study days. Last 3 years pass rate >80%

In-house training for RCOphth Examinations

Annual Part 2 exam course

Refraction Exam course

Afternoon OSCEs (exam style) at regional study days

Regional / Local Teaching Programmes

Description of what the Regional / Local teaching Programmes provide –

Very very strong - Regional Teaching = 85.34 (Top of all 15 regions)

11 CORE regional study days (covering core curriculum with interactive lectures in the morning and afternoon OSCEs to practice examination and exam skills)

Friday afternoon Norwich teaching

Wed / Thur / Fri AM Cambridge teaching

Several smaller units also organise ½ day teaching in house weekly

5 Simulation days (as above)

Senior Trainee Development Day

Research Training Day

Research Prize competition day

Case Presentation competition day

Exam Preparation Day

Regional Clinical Governance Day

New Regional Allied Health Professional teaching program also starting

External Fellowships / TSCs / OOPE

Undertaken by Trainees (over the last 5 Years) -

TSCs in Paediatrics, Vitreoretinal, Cornea / Anterior Segment, Oculoplastics, Medical Retina, Glaucoma

External fellowships at Great Ormond Street, Moorfields, Birmingham, Manchester, Sheffield, Italy (cornea), and Vancouver

Leadership and Management Training Opportunities –

Currently 4 Leadership Teaching fellows helping to deliver the new AHP program (OCCCF)

Several trainees have completed the mini MBA as part of the Cambridge Chief Resident Management and Leadership program

<https://www.cam-pgmc.ac.uk/specialties/cambridge-chief-resident-management-and-leadership-development-programme>

Senior trainee development day annually organised at Luton hospital.

Trainee Consultant Appointments (over the last 5 Years)

Trainees appointed to

Cambridge, Ipswich, Southend, West Suffolk, Luton & Dunstable, Moorfields, Cardiff, Liverpool, Southampton amongst others. Almost every one got appointed at their first interview!