

Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



Name of Deanery:	
Kent, Surrey and Sussex	
Brief Description of Training Programme	
Number of Trainees: 35	Link to the School of Ophthalmology website: https://kss.hee.nhs.uk/ophta/
<p>Rotation Examples (Flexibly arranged and not binding): In 4 out of our 5 posts you will stay in the same hospital for the first two years and so get the benefit of some stability, on the other hand you may prefer to experience some variety across the beautiful Sussex coast rotating from ST1 in Worthing to your ST2 year in Hastings. You will then rotate around posts in Kent, Surrey and Sussex for your ST3 to ST6 years ensuring a good mix of experience in all of the ophthalmology sub-specialties. We are not able to guarantee being placed in any particular part of the region in each year but you will have the opportunity to rank the posts each year and we aim to be as family-friendly and thoughtful as possible when deciding placements.</p>	
<p>Hospitals on rotation: Maidstone & Tunbridge Wells NHS Trust East Kent Hospitals University NHS Foundation Trust East Sussex Healthcare NHS Trust Brighton and Sussex University Hospitals NHS Trust Western Sussex Hospitals NHS Foundation Trust Surrey and Sussex Healthcare NHS Trust Royal Surrey County Hospital NHS Foundation Trust Ashford and St Peter's Hospitals NHS Foundation Trust Frimley Health NHS Foundation Trust</p>	
<p>GMC Survey Results (overall trainee satisfaction and educational supervision):</p> <p>In Overall Satisfaction we ranked 8th out of the 15 Regions. We were however in the top 3 regions for 10 of the other 17 domains including Educational Supervision.</p>	
Surgical Experience	
<p>Simulation Facilities:</p> <p>Dedicated EyeSi for KSS trainees Regular Cataract simulation days at ST1 Trabeculectomy Wetlab Oculoplastic Wetlab Squint Surgery Wetlab Laser simulation training aids in each ST1 unit</p>	<p>Average number of Phacos performed by trainees after two years of training:</p> <p>At the last ARCP in June 2020 the ST2 trainees had done between 80 and 152 phacos each, a great achievement given all operating stopped in March 2020 due to the pandemic.</p>
Academia	
<p>ACF / ACL Track Records:</p> <p>We do not have any academic posts in KSS though in recent years we have had two trainees successfully applying in other regions for academic posts.</p>	<p>OOPR Allowances and Stipulation:</p> <p>We view OOPR applications favourably at different points in a trainee's career and offer support as needed.</p>
<p>Trainee Research Network links: Regular Clinical Research Network Trainee meetings under the auspices of a dedicated regional support</p>	

network named Kent, Surrey and Sussex Ophthalmology Research Team (KSSOR). The group's mission statement is: To conduct high quality, trainee-led, multi-centred research and audit across the Kent Surrey Sussex deanery for the benefit of patients and their future care.

Research Opportunities:

KSS trainees are very active in research at a number of different levels at all units. There will be opportunities to engage in everything from case studies to multi-centre RCTs.

Published Papers by Deanery Trainees (over the last 5 Years):

Over the last 5 years KSS trainees have published in Brain, The BMJ, Br J Ophth, J Ophthalmic Vis Res, J Cataract Refract Surg, J Immunology, Eye, Oral Maxillofacial Surgery, Clinical Exp Ophthalmology, Ophthalmic Plastic Reconstructive Surgery, Orbit, Eye and Vision, Med Educ Curric Dev, Can J Ophthalmology, Cornea, J Glaucoma, Br J Hosp Med, Surg Radiol Anat, Adv Simul, J Craniofac Surg, Respirology, Cochrane Database of Systematic Reviews, BMJ Case Reports, Diabetologia, J Neuro-Ophth, BMC Ophthalmology, Br J Surgery, BMJ Global Health, Anaesthesia, Br J Anaesthesia,.

National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA

KSS trainees have presented multiple papers and posters at all the above meetings in 2018 and 2019.

Monitoring of Training Quality

What quality monitoring measures are in place for trainees to feedback on the quality of their training?

As well as the annual GMC trainee survey we have quarterly regional trainee surveys that form the key discussion point at our STC meetings with the KSS Trainee representative. Active support and encouragement is given to College Tutors to maintain the quality of teaching. There are local trainee representatives on each Ophthalmology Local Faculty Group that meets quarterly in each Trust to discuss training and issues for action are raised there and passed on to the School of Ophthalmology or local Director of Medical Education as necessary. Trainees meet the TPD and Head of School on a yearly basis at an informal interim review to discuss their training and the TPD attends most of the quarterly Regional Study Days to informally gather trainees' views on their training.

Exam Pass Rates

Outline of all exam pass rates for the 4 RCO Exams over the last 5 years

Pass rate April 2017

Part 2 oral 75% (candidates 4)

Pass rate 2018 - 2019

Part 2 oral 66.67% (candidates 9)

In-house training for RCOphth Examinations

Trainee-led revision sessions undertaken with sessions at weekly consultant-led teaching and targeted training as necessary in areas where trainees request it.

Regional / Local Teaching Programmes

Description of what the Regional / Local teaching Programmes provide –

Weekly half-day teaching takes place for all trainees with some units offering other sub-specialty teaching at other points in the week. There are quarterly Regional Study Days rotating around the region.

External Fellowships / TSCs / OOPE

Undertaken by Trainees (over the last 5 Years) - We provide TSC opportunities in all sub-speciality areas except strabismus, paediatrics and neuro-ophthalmology in which areas we have access to one funded post yearly in London.

Leadership and Management Training Opportunities –
Annual leadership assessments are performed as part of the ARCP process in KSS and trainees are asked to undertake at least one activity each year such as Quality Improvement Project or shadowing of a senior leader in their Trust.

Trainee Consultant Appointments (over the last 5 Years)

We are a relatively new training programme, 4 of our trainees have now got Consultant posts and 4 others are in post-CCT training.