

Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



Name of Deanery:

London North Deanery

Brief Description of Training Programme: LONDON NORTH Programme

Number of Trainees: 95

Link to the School of Ophthalmology website:
On appointment to the North London Programme, trainees are given access to Synapse where all School of Ophthalmology Information is posted.

Rotation Examples (Flexibly arranged and not binding):

Trainees placed at Hospitals listed below from ST1-6, with a balance between DGH and teaching Hospital placements

At present all trainees are placed at Moorfields for ST3 year

At ST7 trainees apply for a 12 month Trainee Selected Component (TSC) – there are 23 posts across London North and South. Trainees choose options and are interviewed in the winter of ST6 year. TSCs placements are allocated based on interview scores.

Hospitals on rotation:

Central Middlesex
Chelsea and Westminster
Great Ormond Street Hospital (ST7 only)
Hillingdon
Imperial
Moorfields
National Hospital for Neurology
North Middlesex (suitable at ST1 for a trainee who has had previous ophthalmology experience)
Queens, Romford
Royal Free Hospital Trust
The Royal London
Whipps Cross

Please note that the above hospitals are the main sites where Ophthalmology Training is provided but often have ophthalmology services at other related hospitals.

GMC Survey Results (overall trainee satisfaction and educational supervision):

The GMC survey results aggregated over the past three years show good results for most units for trainee satisfaction and educational supervision. Where scores are less than satisfactory the School of Ophthalmology has engaged with the Unit to agree an action plan to improve trainee experience – these have resulted in rapid improvements in GMC Survey results.
We are awaiting the GMC results for 2019-20

A summary of the outcomes from Summer 2020 ARCPs including Covid outcome 10s:

OUTCOME 6	13
OUTCOME 1	88
OUTCOME 10.1	17
OUTCOME 10.2	2
OUTCOME 8	10
OUTCOME N	3

Surgical Experience	
<p>Simulation Facilities: All ST1 trainees have compulsory three half days of one to one training sessions with the Consultant simulation training lead using the EyeSi machine at Moorfields.</p> <p>ST1 trainees have access to a portable microscope for practice of surgical skills.</p> <p>Trainees have the opportunity to attend a two day cadaver squint course from ST3 onwards</p> <p>All trainees at ST4-6 have to undertake simulation training in managing PC rupture and anterior vitrectomy with each Unit having a practice head and advanced model eyes for this purpose.</p> <p>All trainees have opportunity to attend a laser simulation course (QUILT)</p> <p>Many other opportunities for simulation include a day of training in suturing and lid procedures during the ST1 Induction course, simulation training in squint, oculoplastics and trauma provided by Moorfields in more senior years.</p>	<p>Average number of Phacos performed by trainees after two years of training: 75 (range 50-200)</p>
Academia	
<p>ACF / ACL Track Records:</p> <p>North London programme has a strong track record of ACF and ACL trainees who have successfully completed CCT and progressed to academic careers. On average there are 1 ACF posts advertised and 1 ACL posts advertised annually.</p>	<p>OOPR Allowances and Stipulation:</p> <p>Trainees may go OOPR from the end of ST3 and are expected to return to the programme by the beginning of ST6. Six months' notice must be given and three years is the maximum time a trainee can spend on OOP. Trainees are encouraged to arrange the start and finish of their OOP to coincide with the rotation dates in August where at all possible.</p>
<p>Trainee Research Network links: There are two Research Network Leads : Sheena George (consultant Hillingdon Hospital) North West London and Praveen Patel (consultant at Moorfields) North Central and East London, All trainees expected to have completed GCP course.</p>	
<p>Research Opportunities: Multiple opportunities for clinical and lab research at Institute of Ophthalmology, Moorfields. National Hospital For Neurology, Great Ormond Street and Imperial as well as research projects at most of the DGH placements.</p>	
<p>Published Papers by Deanery Trainees (over the last 5 Years):</p> <p>Multiple publications In BJO, Ophthalmology, AJO, EYE, Nature, BMJ, etc</p> <p>95% of ST trainees have at least one publication in peer-reviewed journals.</p>	
<p>National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA</p> <p>London trainees have presented regularly at all national and International Meetings</p>	
Monitoring of Training Quality	
<p>What quality monitoring measures are in place for trainees to feedback on the quality of their training?</p> <p>Trainees are given opportunities for feedback on the quality of their training by the following mechanisms:</p>	

1. Feedback via Local Faculty Group Meetings
2. Feedback to Tutors and or Directors of Medical Education in each Trust
3. Feedback via GMC survey annually
4. Feedback via School of Ophthalmology Survey
5. Feedback at Interim Review meetings held each year in Spring and at ARCP.
6. Feedback to OTG and STC trainee reps; ad hoc and via School Board and STC
7. Exception Reporting loss of training though Trust

Exam Pass Rates

Please note these are combined for North and South London

Pass rate Jan 19-Jan 20

Part 1	60% (candidates 10)
Refraction	56% (candidates 41)
Part 2 written	76.7% (candidates 30)
Part 2 oral	80.8% (candidates 26)

In-house training for RCOphth Examinations

Exam preparation for Refraction Exam is organised in many local units, often in conjunction with local optometric colleagues

Exam Preparation for Part 2 FRCOphth is organised at Moorfields, Imperial and Royal Free Hospitals

Regional / Local Teaching Programmes

Description of what the Regional / Local teaching Programmes provide –

Weekly half day teaching is compulsory for all trainees. Weekly sessions are organised at Imperial for trainees in West London, at Moorfields for trainees placed at Moorfields and a third group of trainees attend weekly north-east London teaching which rotates between Royal Free & Whipps Cross. The teaching is curriculum based and in all cases is consultant led. Feedback is good and one of the Training Programme Directors takes responsibility for co-ordination and dissemination of the programmes.

All units have local weekly teaching, weekly specialty specific teaching sessions occur at Moorfields in Vitreoretinal, Medical Retina, Glaucoma and Oculoplastics

Teaching has continued via virtual teaching platforms during Covid

External Fellowships / TSCs / OOPE

Undertaken by Trainees (over the last 5 Years) -

All London trainees have the opportunity to apply for 12 month TSCs in their ST7 year providing they are on course to complete core training. TSCs are available in paediatrics, glaucoma, Medical retina, uveitis, Vitreo-retinal surgery, Oculoplastics, External Disease/ Cornea, which are appointed by competitive interview.

Trainee have also been granted OOP opportunities for Training, Research, Teaching Fellowships, Darzi Fellowships, TOPOL fellowships and overseas experience e.g. recently in Bangladesh, Australia, West Indies, USA etc. Trainees are expected to undertake OOP only from end of ST3 – end of ST5 and are expected to return to the training programme for ST6 and ST7 years.

Leadership and Management Training Opportunities –

The London School of Ophthalmology has a spiral Leadership Curriculum. All trainees from ST1-7 choose two projects per year from the curriculum. Educational supervisors in all units agree the projects with the trainee. Over 7 years trainees develop a thorough grounding in all aspects of Leadership from managing oneself, reflective writing, managing teams, introducing new services, financial management, QIPP and preparing for consultant life.

Trainee Consultant Appointments (over the last 5 Years)

Trainees have gone on to achieve consultant posts in DGH, Teaching Hospitals both in London and elsewhere in the UK. Academic trainees have been successful in securing Clinician Scientist awards post CCT.