

# Proforma for Schools of Ophthalmology

Information for trainees applying for national recruitment



<b>Name of Deanery:</b> London South Deanery															
<b>Brief Description of Training Programme: LONDON SOUTH Programme</b>															
Number of Trainees: 37	Link to the School of Ophthalmology website: All ST1 trainees on joining the South London Programme gain access to Synapse where all School of Ophthalmology Information is posted														
Rotation Examples (Flexibly arranged and not binding): Trainees placed at Hospitals listed below from ST1-6, with a balance between DGH and teaching Hospital placements Trainees may spend the first two years in one Trust  At ST7 trainees apply for a 12 month Trainee Selected Component (TSC) – there are over 23 posts across London. North and South Trainees choose options and are interviewed in the winter of ST6 year. TSCs placements are allocated based on interview scores.															
Hospitals on rotation: Epsom and St Helier Kings College Kingston Moorfields at St Georges Moorfields at Croydon University Hospital Princess Royal Queen Mary Sidcup St Thomas Hospital															
<b>GMC Survey Results (overall trainee satisfaction and educational supervision):</b>  The GMC survey results aggregated over the past three years show good results for most units for trainee satisfaction and educational supervision. Where scores are less than satisfactory the School of Ophthalmology has engaged with the Unit to agree an action plan to improve trainee experience – these have resulted in rapid improvements in GMC Survey results. We are awaiting the GMC results for 2019-20  A summary of the outcomes from Summer 2020 ARCP including Covid outcome 10s were: <table border="0" style="width: 100%;"> <tr> <td style="width: 80%;">OUTCOME 6</td> <td style="text-align: right;">2</td> </tr> <tr> <td>OUTCOME 1</td> <td style="text-align: right;">27</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td>OUTCOME 10.1</td> <td style="text-align: right;">5</td> </tr> <tr> <td>OUTCOME 10.2</td> <td style="text-align: right;">1</td> </tr> <tr> <td>OUTCOME 8</td> <td style="text-align: right;">2</td> </tr> <tr> <td>OUTCOME N</td> <td style="text-align: right;">3</td> </tr> </table>		OUTCOME 6	2	OUTCOME 1	27			OUTCOME 10.1	5	OUTCOME 10.2	1	OUTCOME 8	2	OUTCOME N	3
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<b>Surgical Experience</b>															
Simulation Facilities: All ST1 trainees have compulsory three half days of one to one training sessions with the Consultant simulation training lead using the EyeSi machine at Moorfields.  ST1 trainees have access to a portable microscope for practice of surgical skills.	Average number of Phacos performed by trainees after two years of training pre-covid:  100 (range 50-200)														

<p>Trainees have the opportunity to attend a two day cadaver squint course from ST3 onwards</p> <p>All trainees at ST4-6 have to undertake simulation training in managing PC rupture and anterior vitrectomy with each Unit having a practice head and advanced model eyes for this purpose.</p> <p>All trainees have opportunity to attend a laser simulation course (QUILT)</p> <p>Many other opportunities for simulation include a day of training in suturing and lid procedures during the ST1 Induction course, simulation training in squint, oculoplastics and trauma provided by Moorfields in more senior years.</p>	
<p><b>Academia</b></p>	
<p>ACF / ACL Track Records:</p> <p>The South London programme has a strong track record of ACF and ACL trainees who have successfully completed CCT and progressed to academic careers. On average there are 1 ACF and 1 ACL trainees on the South London Programme</p>	<p>OOPR Allowances and Stipulation:</p> <p>Trainees may go OOPR from the end of ST3 and are expected to return to the programme by the beginning of ST6. Six months' notice must be given and three years is the maximum time a trainee can spend on OOP. Trainees are encouraged to arrange the start and finish of their OOP to coincide with the rotation dates in August where at all possible.</p>
<p>Trainee Research Network links: The Research Network Lead for South London is Professor Chris Hammond St Thomas Hospital All trainees expected to have completed Good Clinical Practice (GCP) course.</p>	
<p>Research Opportunities: Multiple opportunities for clinical and lab research at Guys and St Thomas, Kings College Hospital, Moorfields at St Georges as well as research projects at most of the DGH placements.</p>	
<p>Published Papers by Deanery Trainees (over the last 5 Years):</p> <p>Multiple publications In BJO, Ophthalmology, AJO, EYE, Nature, BMJ, etc</p>	
<p>National and International meetings where trainees have presented (over the last 3 Years), e.g. RCO Congress, ARVO, AAO, ESCRS, BOPSS, BEAVRS, UKISCRS and BIPOSA</p> <p>London trainees have presented regularly at all national and many International Meetings</p>	
<p><b>Monitoring of Training Quality</b></p>	
<p>What quality monitoring measures are in place for trainees to feedback on the quality of their training?</p> <p>Trainees are given opportunities for feedback on the quality of their training by the following mechanisms:</p> <ol style="list-style-type: none"> <li>1. Feedback via Local Faculty Group Meetings</li> <li>2. Feedback to Tutors and or Directors of Medical Education in each Trust</li> <li>3. Feedback via GMC survey annually</li> <li>4. Feedback via School of Ophthalmology Survey</li> <li>5. Feedback at Interim Review meetings held each year in Spring and at ARCP.</li> <li>6. Feedback to OTG and STC trainee reps ad hoc and via School Board and STC</li> <li>7. Exception Reporting loss of training though Trust</li> </ol>	
<p><b>Exam Pass Rates</b></p>	

Please note these are combined for North and South London

**Pass rate Jan 19-Jan 20**

Part 1 60% (candidates 10)  
Refraction 56% (candidates 41)  
Part 2 written 76.7% (candidates 30)  
Part 2 oral 80.8% (candidates 26)

In-house training for RCOphth Examinations  
Trainees are able to attend exam practice for Part 2 FRCOphth. exams at St Thomas Hospital, led by Prof M Stanford  
Practice for Refraction exam is arranged in local units, in some cases with optometry colleagues

**Regional / Local Teaching Programmes**

There are weekly half-day teaching programmes based at either St Thomas or Kings College Hospital.  
These are curriculum based and led by consultants with regular attendance by supporting consultants; feedback from these sessions is excellent. Attendance is compulsory for trainees.

South London Programme also runs four South Thames Study Days per annum, which are very popular drawing a wide attendance from all grades of Ophthalmologists. These days are themed and follow the curriculum; different hospitals host these in rotation and currently these are held via virtual teaching platforms.

**External Fellowships / TSCs / OOPE**

Undertaken by Trainees (over the last 5 Years) -  
All London trainees have the opportunity to apply for 12 month TSCs Pan-Thames in their ST7 year providing they are on course to complete core training. TSCs are available in paediatrics, glaucoma, Medical retina, uveitis, Vitreo-retinal surgery, Oculoplastics, External Disease/ Cornea, which are appointed by competitive interview.

Trainee have also been granted OOP opportunities for Training, Research, Teaching Fellowships, Darzi Fellowships, TOPOL fellowships and overseas experience e.g. recently in Bangladesh, Australia, West Indies etc. Trainees are expected to undertake OOP only from end of ST3 – end of ST5 and are expected to return to the training programme for ST6 and ST7 years.

**Leadership and Management Training Opportunities –**

The London School of Ophthalmology has a spiral Leadership Curriculum. All trainees from ST1-7 choose two projects per year from the curriculum. Educational supervisors in all units agree the projects with the trainee. Over 7 years trainees develop a thorough grounding in all aspects of Leadership from managing oneself, reflective writing, managing teams, introducing new services, financial management, QIPP and preparing for consultant life. Prizes for Leadership and Management projects are awarded at the London School of Ophthalmology conference.

**Trainee Consultant Appointments (over the last 5 Years)**

Trainees have regularly gone on to achieve consultant posts in DGH, Teaching Hospitals both in London and elsewhere in the UK. Academic trainees have been successful in securing Clinician Scientist awards post CCT.