



The ROYAL COLLEGE of  
OPHTHALMOLOGISTS

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Postgraduate Medical Training

# Education and Training syllabus

OST Curriculum domain

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*The Royal College of Ophthalmologists is a registered charity in England and Wales (299872) and in Scotland (SC045652)*

Level 1	
Learning Outcome	Descriptors
<i>An ophthalmologist achieving this level will, in addition:</i>	
<b>Ensure patient safety is paramount in all training and learning events.</b>	<ul style="list-style-type: none"> <li>▪ Promote a safe learning environment.</li> <li>▪ Understand the safety of patients must come first and the needs of education must be considered in this context.</li> <li>▪ Use simulation or technology-enhanced learning appropriately in protecting patients from harm.</li> <li>▪ Ensure patients' awareness of the need to participate in the education of learners and respect their wishes.</li> </ul>
<b>Actively participate in own induction and training.</b>	<ul style="list-style-type: none"> <li>▪ Identify opportunities for own learning and development.</li> <li>▪ Learn from patients and colleagues.</li> <li>▪ Participate in inter-professional learning.</li> <li>▪ Implement personal development plans to progress professional practice using SMART objectives.</li> <li>▪ Evaluate and reflect on the effectiveness of their educational activities.</li> <li>▪ Solicit, reflect and respond to feedback.</li> <li>▪ Participate in national surveys and other quality control, quality management and quality assurance processes as required by the regulator.</li> </ul>
<b>Deliver teaching activities under guidance.</b>	<ul style="list-style-type: none"> <li>▪ Understand the importance of teaching and be able to make a positive contribution to the undergraduate and postgraduate development of doctors, nurses and non-medical professionals.</li> <li>▪ Understand the value of learning in teams and facilitate inter-professional learning.</li> </ul>
<b>Deliver patient education.</b>	<ul style="list-style-type: none"> <li>▪ Be able to explain to patients about their diagnosis and management of simple or common ophthalmic conditions.</li> </ul>

Level 2	
Learning Outcome	Descriptors
<i>An ophthalmologist achieving this level will, in addition:</i>	
<b>Plan and provide education and training activities for medical</b>	<ul style="list-style-type: none"> <li>▪ Document formal teaching activities in own portfolio, involving different professional groups and types of teaching, e.g. practical skills</li> </ul>

<b>trainees and other professionals.</b>	<p>to undergraduates, case presentations to colleagues.</p> <ul style="list-style-type: none"> <li>▪ Solicit, reflect and respond to feedback on teaching.</li> </ul>
<b>Give constructive feedback on learning activities.</b>	<ul style="list-style-type: none"> <li>▪ Provide timely, supportive developmental feedback, both verbally and in writing, to learners and doctors in training.</li> </ul>

### Level 3

Learning Outcome	Descriptors
<i>An ophthalmologist achieving this level will, in addition:</i>	
<b>Create learning opportunities for others.</b>	<ul style="list-style-type: none"> <li>▪ Plan and deliver effective learning strategies and activities with reference to learning theories relevant to medical education.</li> <li>▪ Be flexible in creating opportunities appropriately, e.g. in the situation of a pandemic or major health service change.</li> <li>▪ Understand the concepts of mentoring and coaching.</li> </ul>
<b>Provide objective assessment.</b>	<ul style="list-style-type: none"> <li>▪ Contribute to the development of others through supervision and workplace assessment.</li> <li>▪ Assess objectively and fairly the performance of doctors in training and other learners.</li> <li>▪ Become familiar with the different forms of assessment and their roles in medical education.</li> <li>▪ Solicit and respond to feedback on assessment activities.</li> </ul>
<b>Design and contribute to patient education.</b>	<ul style="list-style-type: none"> <li>▪ Educate patients about complex diagnoses and management plans.</li> <li>▪ Produce written and/or recorded forms of patient education.</li> </ul>

### Level 4

Learning Outcome	Descriptors
<i>An ophthalmologist achieving this level will, in addition:</i>	
<b>Meet statutory requirements as a clinical and educational trainer.</b>	<ul style="list-style-type: none"> <li>▪ Attend a course to fulfil the GMC requirements for clinical supervisors.</li> <li>▪ Encourage career development in others.</li> <li>▪ Provide evidence of supervision in both simulation and live surgery, including surgical logbook evidence of supervising 20 cataract procedures.</li> <li>▪ Understand the appraisal and revalidation process.</li> </ul>

<b>Balance service and training needs.</b>	<ul style="list-style-type: none"><li>▪ Provide safe clinical supervision of learners and other doctors in training in the workplace at all times.</li><li>▪ Demonstrate the ability to provide training opportunities whilst effectively managing an outpatient clinic and theatre list.</li></ul>
<b>Be able to identify and support a trainee experiencing difficulty.</b>	<ul style="list-style-type: none"><li>▪ Recognise clinical and professional behaviours suggestive of a trainee experiencing difficulty.</li><li>▪ Understand how to raise concerns about the performance or behaviour of a learner or other doctor in training who is under their clinical supervision and provide them with support.</li><li>▪ Sensitively debrief after an adverse incident.</li><li>▪ Understand the importance of signposting trainees and other colleagues to psychological support services where appropriate.</li></ul>

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