



**The ROYAL COLLEGE of
OPHTHALMOLOGISTS**

OST Curriculum 2024

Level 3 Learning Outcomes and descriptors

Patient Management Domain

DRAFT

Urgent Eye Care (xi)

Level 3	
Learning Outcome	Descriptors
<i>An ophthalmologist achieving this level will, in addition:</i>	
Independently assess and manage moderate complexity patients, demonstrating an understanding of urgent eye care procedures and selecting the most appropriate treatment according to current accepted practice.	<ul style="list-style-type: none">▪ Understand and apply knowledge of medicine and surgery relevant to ophthalmology, to make diagnoses and recommend a management plan.▪ Be informed by the patient's unique medical, psychological and social circumstances.▪ Understand the tests and imaging techniques that might be helpful in deciding about and guiding treatment.▪ Use with accuracy and efficiency instruments available to assess the patient, including ultrasound and the exophthalmometer. ▪ Implement a detailed management plan to include care from triage to discharge from care.▪ Acknowledge and follow relevant guidelines or protocols.▪ Practise in line with the latest evidence.▪ Understand the indications, risks and limitations of laser and surgery and identify patients for whom these treatments would be appropriate.▪ Perform urgent laser iridotomy.▪ Involve the patient, and where appropriate, their carer, partner or relatives, in the choices about their care and enable them to express their informed consent.▪ Share decision-making by providing patients with appropriate and comprehensible information, prioritising the patient's wishes and respecting the patient's beliefs, concerns and expectations.▪ Communicate the uncertainty of options in a manner that patients will understand.▪ Manage difficult or challenging conversations.▪ Develop situational awareness and an understanding of the impact of cultural and social issues.▪ Enable patient self-management where possible.▪ Advise patients about patterns of inheritance and recognise when it is appropriate to refer a patient for genetic counselling.

- Recognise when it is important to offer a consultation with family members.
- Recognise when a patient has had or is developing a complication or side effect from treatment and be able to manage this in an appropriate and timely manner.
- Maintain an understanding of new developments in relevant technologies.

Risk assess and prioritise patients appropriately, recognising the need for special interest input.

- Manage urgent referrals efficiently, according appropriate priority to referrals based on clinical need and in accordance with local and national guidelines.
- Triage patients in the urgent eye care clinic appropriately.
- Risk-assess patient and provide treatment and follow-up appropriate for that level of risk, including referral to more experienced clinicians or for surgery where appropriate.
- Recognise where a patient is low risk and can be managed in a different clinic setting or is appropriate to be discharged back to the community.
- Manage ocular emergencies in the acute setting, following local guidelines e.g. acute glaucoma, orbital compartment syndrome, orbital cellulitis, endophthalmitis, giant cell arteritis, keratitis and acute neurological presentations.

Independently perform surgery requiring immediate intervention.

- Achieve safe and appropriate local anaesthetic for ophthalmic procedures.
- Perform emergency procedures, including, lateral canthotomy and cantholysis, corneal gluing, vitreous biopsy and intravitreal injection.
- Develop new skills in a supervised simulated environment.