

The ROYAL COLLEGE of OPHTHALMOLOGISTS

OST Curriculum 2024

Level 3 Learning Outcomes and descriptors

Patient Management Domain

The Royal College of Ophthalmologists is a registered charity in England and Wales (299872) and in Scotland (SC045652)

| Level 3 | |
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| Learning Outcome | Descriptors |
| An ophthalmologist achieving this level wi | II, in addition: |
| Independently assess and manage moderate complexity patients, demonstrating an understanding of practical and surgical procedures used in the setting of uveitis and selecting the most appropriate treatment according to current accepted practice. | Understand and apply knowledge of medicine and surgery relevant to uveitis, to make diagnoses and recommend a management plan. Be informed by the patient's unique medical, psychological and social circumstances. Understand the tests and imaging techniques that might be helpful in deciding about and guiding treatment including angiography, ocular and neuro-electrophysiology and tissue biopsy. Be able to interpret, explain and act upon the results. Understand the limitations and cost implication of each investigation. Use with accuracy and efficiency instruments available to assess the patient, including ultrasound. Implement a detailed management plan to include care from triage to discharge from care. Acknowledge and follow relevant guidelines or protocols. Practise in line with the latest evidence: Understand the indications, risks and limitations of laser treatment and surgery and identify patients for whom these treatments would be appropriate. Involve the patient, and where appropriate, their carer, partner or relatives, in the choices about their care and enable them to express their informed consent. Share decision-making by providing patients with appropriate and comprehensible information, prioritising the patient's wishes and respecting the patient's beliefs, concerns and expectations. Communicate the uncertainty of options in a manner that patients will understand. Manage difficult or challenging conversations. Develop situational awareness and an understanding of the impact of cultural and social issues. Enable patient self-management where possible. Understand and apply knowledge of clinical genetics relevant to uveitic conditions. |

| | Maintain an understanding of new developments in relevant technologies. Recognise when a patient has had or is developing a complication or side effect from treatment and be able to manage this in an appropriate and timely manner. |
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| Risk assess and prioritise patients appropriately, recognising the need for special interest input. | Manage patient referrals efficiently, according appropriate priority to referrals based on clinical need and in accordance with local and national guidelines. Refer to more experienced clinicians when appropriate. Manage acute presentations following local guidance. Know the conditions that warrant an urgent onward referral to other healthcare professionals, and be aware of the local policies and systems for making such referrals. Manage surgical waiting lists and other access to clinical services appropriately, intervening when clinical care for a patient is put at risk by inappropriate waiting list management. |
| Independently perform low complexity procedures for the uveitic patient. | Perform aqueous and vitreous sampling, and understand the risks of the procedure. Know how to handle any samples taken from the eye to increase the diagnostic yield and liaise with laboratory staff so that the specimens are correctly identified, presented and transported. Check, constitute and administer drugs directly into ocular and periocular tissues, specifically including sub-conjunctival, sub-tenons, intraorbital, intracameral and intravitreal routes. Understand the indications, contraindications and risks associated with each route. Make appropriate and reliable arrangements for the result to be acted upon in a timely fashion. Develop new skills in a supervised simulated environment. |