

The ROYAL COLLEGE of OPHTHALMOLOGISTS

OST Curriculum 2024

Level 4 Learning Outcomes and descriptors

The Royal College of Ophthalmologists is a registered charity in England and Wales (299872) and in Scotland (SC045652)

Other Curriculum Domains

Health Promotion

Level 4		
Learning Outcome	Descriptors	
An ophthalmologist achieving this level will, in addition:		
Develop special interest area specific guidance for health promotion.	 Demonstrate initiative to develop specific guidance for health promotion with reference to ophthalmic conditions (e.g. Thyroid eye disease, Diabetic control, etc.). 	
Be an effective supervisor and guide in the area of health promotion.	 Supervise and accredit/sign off trainees to Level 3 in health promotion (e.g. in response to an outbreak of infection). 	

Leadership and Team Working

Level 4	
Learning Outcome	Descriptors
An ophthalmologist achieving this level will, in addition:	
Critically evaluate own skills and the quality of patient care.	 Appreciate own leadership style and its impact on others. Ensure the team is effective and able to communicate with established norms of respect, appropriate behaviour and psychological safety to ask questions and be heard without fear. Supervise, challenge, influence, appraise and mentor colleagues and peers to enhance performance and to support development. Critically appraise performance of colleagues, peers and systems and escalate concerns. Audit own and departmental outcomes. Reflect on own development to become a systems leader.
Promote service improvement through: quality, innovation, productivity and	 Understand the risk register and be able to asses risk.

prevention (QIPP); supervision of the multidisciplinary team; effective analysis.
 Understand grading of serious incidents and how to investigate; be able to take part in root cause analysis.
 Undertake service improvement activity or project to reduce risk/improve patient safety/improve quality/cost improvement.
 Involve the rest of the multidisciplinary team in service improvement work, supervise more junior trainees in activities.

Patient Safety and Quality Improvement

Level 4	
Learning Outcome	Descriptors
An ophthalmologist achieving this level will, in addition:	
Share improved practice with others and be able to defend changes made.	 Present findings from quality improvement projects at appropriate departmental, regional, national or international level. Invite discussion around quality improvement techniques and data analysis, accepting improvement or correction where appropriate. Co-develop/refine local guidelines and protocols, e.g. standard operating procedures (SOPs), patient pathways.
Critically evaluate own skills in quality improvement.	 Use the framework of Good Medical Practice to reflect on their own practice and prepare for appraisal. Consider how their own skills may be developed to deliver more effective quality improvement projects.

Safeguarding and Holistic Patient Care

Level 4		
Learning Outcome	Descriptors	
An ophthalmologist achieving this level will, in addition:		

Critically evaluate personal and wider organisational responses to safeguarding issues.	 Actively engage with the development and maintenance of local pathways for vulnerable patients.
Supervise and support other professionals with regard to safeguarding.	 Provide training for junior and allied health professionals to ensure that safeguarding concerns are raised in a timely and appropriate fashion.
Demonstrate effective specialised management techniques for those with special needs.	 Ensure that procedures are in place to prevent discrimination or exclusion for patients with additional needs, including those with language barriers. Provide specialised clinical input for patients who need occupational health and/or DVLA assessment, considering the patient's and society's needs within any encounter. Advise patients regarding, and liaise with, organisations providing support to patients with visual impairment.

Education and Training

Level 4	
Learning Outcome	Descriptors
An ophthalmologist achieving this level will, in addition:	
Demonstrate readiness to act as a clinical and educational trainer.	 Attend a course for the local approval and recognition of trainers. Encourage career development in others. Provide evidence of supervision in both simulation and live surgery, including surgical logbook evidence of supervising 20 cataract procedures. Understand the appraisal and revalidation process.
Balance service and training needs.	 Provide safe clinical supervision of learners and other doctors in training in the workplace at all times. Demonstrate the ability to provide training opportunities whilst effectively managing an outpatient clinic and theatre list.

Be able to identify and support a trainee experiencing difficulty.	 Recognise clinical and professional behaviours suggestive of a trainee experiencing difficulty. Understand how to raise concerns about the performance or behaviour of a learner or other doctor in training who is under their clinical supervision and provide them with support. Sensitively debrief after an adverse incident.
	 Understand the importance of signposting trainees and other colleagues to psychological support services where appropriate.

Research and Scholarship

Level 4	
Learning Outcome	Descriptors
An ophthalmologist achieving this level wil	l, in addition:
Understand the principles of research methods, research governance, application of ethics to research and the translation of research into practice.	 Apply advanced knowledge of principles of qualitative, quantitative, bio-statistical and epidemiological research methods. Apply involvement in research governance and research ethics applications, e.g. Health Research Authority and Research Ethics Committee (REC) for a clinical research project. Apply adherence to GMC and other guidance on ethical conduct in research and consent for research. Apply service improvement by revision/development of guidelines based on: contemporary clinical research/evidence; own research.
Promote innovation in ophthalmology.	 Have undertaken evidence review to inform own research. Continue own research to completion – producing peer-reviewed papers as first or lead author is one way to demonstrate competence. Demonstrate collaboration and participation in research led by others.