

## The ROYAL COLLEGE of OPHTHALMOLOGISTS

**OST Curriculum 2024** 

## **Level 4 Learning Outcomes and descriptors**

**Patient Management Domain** 

The Royal College of Ophthalmologists is a registered charity in England and Wales (299872) and in Scotland (SC045652)

Level 4		
Learning Outcome	Descriptors	
An ophthalmologist achieving this level	l will, in addition:	
Demonstrate advanced clinical management and surgical skills.	<ul> <li>Demonstrate competency in diagnosis, investigation and management of vitreoretinal disease in outpatients, inpatients and emergency settings.</li> <li>Have skills in cataract surgery to Level 4.</li> <li>Have advanced cataract surgery skills to manage high risk cataract surgery including, but not limited t post-vitrectomy, posterior polar cataract and zonular weakness.</li> <li>Demonstrate core skills to manage:         <ul> <li>Endophthalmitis</li> <li>vitreous haemorrhage</li> <li>sub-retinal haemorrhage</li> <li>sub-retinal haemorrhage</li> <li>uncomplicated rhegmatogenous retinal detachment</li> <li>vitreo-macular traction</li> <li>epiretinal membrane</li> <li>macular hole</li> </ul> </li> <li>Employ the most appropriate technique from a range of surgical skills for the particular clinical situation e.g. vitrectomy, external buckling, pneumoretinopexy.</li> <li>Demonstrate skills to manage the posterior segment complications of cataract surgery, including intra ocular lens implantation in the absence of capsular support.</li> <li>Demonstrate laser skills such as the application of indirect laser with indentation and in the presence of a small pupil for retinal breaks.</li> <li>Undertake prospective audit of specialist surgical outcomes in vitreoretinal disease, against national standards.</li> <li>Maintain a record of activities, using the RCOphth electronic logbook.</li> </ul>	

Manage the complexity and uncertainty of vitreoretinal disease cases.	<ul> <li>Understand and apply advanced knowledge of vitreoretinal conditions and practice.</li> <li>Independently manage vitreoretinal disease clinics and theatre lists and recognise the need for further input when appropriate.</li> <li>Diagnose and manage vitreoretinal conditions including, but not limited to, proliferative diabetic retinopathy, retinal detachment with proliferative vitreoretinopathy, exudative retinal detachment, inherited and inflammatory conditions.'</li> <li>Apply knowledge and skills in a flexible manner.</li> <li>Utilise existing skills to novel situations.</li> <li>Adapt management strategies to take account of patient's informed preferences, particular circumstances, age and co-morbidities, respecting patient autonomy.</li> <li>Manage the uncertainty of treatment success or failure and communicate effectively with patients were there is uncertainty.</li> <li>Manage the personal challenge of coping with uncertainty.</li> <li>Evaluate published developments in vitreoretinal knowledge and practice and modify own practice appropriately.</li> <li>Recognise and refer patients who will benefit from more specialist input.</li> </ul>
Apply management and team working skills appropriately, including in complex, dynamic situations.	<ul> <li>Use highly developed consultation skills efficiently to manage busy clinics whilst managing patient expectations.</li> <li>Assist with decision-making where there are cognitive impairment barriers, employing Independent Mental Capacity Advocacy (IMCA) services or equivalent if necessary.</li> <li>Understand how culture or religious beliefs can affect patients' decision making and needs, and communicate these effectively to the team.</li> <li>Be sensitive to social situations and the impact these may be having on the patient, their carers and their disease.</li> <li>Understand when information must be shared more widely with schools, carers, police, etc. and understand the responsibilities and implications of sharing information.</li> <li>Receive and respond to communications in complex or challenging situations.</li> <li>Give specialist advice to non-vitreoretinal specialists.</li> <li>Liaise and mutually support colleagues from other subspecialties, particularly medical retina, to optimise patient care, when co-management is required.</li> <li>Promote professional values within the team.</li> <li>Work as a collaborative member of a team, respecting differences of opinion.</li> </ul>

	<ul> <li>Accept constructive and appropriately framed criticism.</li> <li>Support colleagues.</li> <li>Be an advocate for patients.</li> <li>Manage significant events and complaints, including writing formal reports.</li> <li>Understand and follow local policies in response to complaints.</li> </ul>
Be an effective supervisor, teacher and trainer of vitreoretinal disease.	<ul> <li>Participate in education/training of medical students/junior trainees, and allied health professionals in vitreoetinal surgery.</li> <li>Supervise and accredit/sign off trainees to Level 3 in vitreoretinal disease. This includes supervising simple vitreoretinal procedures and surgery to Level 3, such as vitreous biopsy.</li> <li>Supervise and accredit/sign off trainees to Level 4 in cataract surgery.</li> </ul>

The indicative time for training at this level is **18 months** of full time equivalent.

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