

Contribution Process

Prepare your Materials

26 Programmes
to which do you want to submit?

[LINK 1](#)

Gather and order **your files** on your computer

INSPIRE Submission Form
download and complete

[LINK 2](#)



Confirm Consent

You are the author – complete on-line

[LINK 3](#)

You are submitting on behalf of an author – ask them to complete online or download and send them the form to complete and return to you [LINK 4](#)



Upload your Materials

Contributions Area – register
[LINK 5](#)/sign-in/INSPIRE Courses/Register
My RCOphth/Click your name/my
courses/access

In Area ([LINK 6](#)) follow instructions:
discussions / select programme /
start new thread / add attachments
/ drop files

Editor replies and uploads to
platform