

Curriculum Handbook Appendix 1

ARCP Matrix of Progression

| | | | | | | | |
|--|-------------------|--------------------|---------------------------|----------------------|-------------------------------|---------------------------------|----------------------|
| | Level 1 | | | | | | |
| | | Level 2 | | | | | |
| | | | Level 3 | | | | |
| | | | | | Level 4 | | |
| | ST1 | ST2 | ST3 | ST4 | ST5 | ST6 | ST7 |
| Examinations | | Part 1 FRCOphth | Refraction Certificate | | | Part 2 FRCOphth ^a | |
| ESRs (<i>minimum no.</i>) | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| EPAs (<i>minimum no.</i>) | 2 | 2 | 2 ^b | 2 ^b | 2 ^c | 2 ^c | 2 ^c |
| GSATs (<i>minimum no.</i>) | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| MARs (<i>minimum no.</i>) | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| CRS, OSATS, DOPS, DOPSBi | <i>As per EPA</i> | <i>As per EPA</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> |
| Other requirements | <i>As per EPA</i> | <i>As per EPA</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> | <i>As per EPA(s)</i> |
| EPA Level 4 Operating List <i>When undertaking surgical SIAs: CS, COS, G, OM, OO, PO, VR</i> | | | | → | 2 (cumulative requirement) | | |
| Evidence of reflective practice | √ | √ | √ | √ | √ | √ | √ |
| MSF <i>Minimum per calendar year</i> | 1 | 1 | 1 | 1 | 1 | 1 | 1 |

| | | | | | | | |
|------------------------------|----------------|---------|---------|----------------|----------------|----------------|----------------|
| | Level 1 | | | | | | |
| | | Level 2 | | | | | |
| | | | Level 3 | | | | |
| | | | | | Level 4 | | |
| | ST1 | ST2 | ST3 | ST4 | ST5 | ST6 | ST7 |
| Mandatory training course | Intro to Phaco | | | | | | |
| Surgical logbook | √ | √ | √ | √ ^d | √ ^d | √ ^d | √ ^d |
| Cataract Complications Audit | √ | √ | √ | √ | √ ^e | √ ^e | √ ^e |
| Surgical Outcomes Audit | | | | → | √ ^f | √ ^f | √ ^f |
| PDP | √ | √ | √ | √ | √ | √ | √ |
| Form R/SOAR declaration | √ | √ | √ | √ | √ | √ | √ |

Footnotes

- Part 2 FRCOphth can be taken from the end of ST4 to mid-point ST6.
- Level 3 – at least one every six months, sign-off in all 12 SIAs.
- Level 4 – at least one every six months, sign-off in 2 chosen SIAs.
- When commencing Level 4 CS, MR, NO, also record supervision of juniors to Level 3 as indicated in the EPA form.
- Where Level 4 CS 4 is undertaken.
- Where surgically-based Level 4 is undertaken – OO, COS, CS, G, VR, OM, PO.

Further guidance on Levels

- The national acceleration process regulates early exit from the programme. Completion of Level 4 SIA training will not automatically result in an early exit, which must be agreed with the Deanery ahead of time.
- The Curriculum Handbook guides ([Level 1](#), [Level 2](#), [Level 3](#), [Level 4](#)) list evidence that is essential for Level sign-offs.

3. For Levels 1 and 2, there should be a minimum of one piece of evidence linked to each Learning Outcome for all Patient Management and Generic Domains. For Levels 3 and 4, there should be a minimum of one piece of evidence linked to each Learning Outcome for at least two SIAs in the Patient Management Domain and in all Generic Domains. This evidence needs to be appropriate for the Level of training.
4. Advancing from one Level to the next is dependent upon showing competence in all Learning Outcomes in all Domains in the current Level. Level advancement is separate from the ARCP process and cannot prevent ST progression if a favourable ARCP outcome has been awarded.
5. ESRs are used by Educational Supervisors to make Level recommendations. Level advancement must be ratified by an ARCP panel before the Level can be changed in the ePortfolio.
6. EPAs and GSATs may be initiated at any point for a higher Level.
7. ePortfolio evidence can be tagged, ahead of time, to Learning Outcomes and EPAs/GSATs pertaining to higher Levels.
8. Outcome 3 (extension of training) will be used where competence has not been achieved in the maximum time for that Level.

Glossary

| | |
|---|-------|
| Cataract Surgery | CS |
| Case-based Discussion | CbD |
| Cornea and Ocular Surface Disease | COS |
| Clinical Rating Scale | CRS |
| Direct Observation of Procedural Skills | DOPS |
| Entrustable Professional Activity | EPA |
| Educational Supervisors Report | ESR |
| Glaucoma | G |
| Generic Skills Assessment Tool | GSAT |
| Multi-Assessor Report | MAR |
| Medical Retina | MR |
| Neuro-ophthalmology | NO |
| Ocular Motility | OM |
| Oculoplastics and Orbit | OO |
| Objective Structured Assessment of Technical Skills | OSATS |
| Personal Development Plan | PDP |
| Special Interest Area | SIA |
| Uveitis | U |
| Vitreoretinal Surgery | VR |
| Paediatric Ophthalmology | PO |
| Urgent Eye Care | UEC |
| Community Ophthalmology | CO |