



## **Wednesday 20 May 09.05 – 10.35 What I Wish I Knew: Early Lessons from the Vitreoretinal Frontline**

This video-led symposium features junior vitreoretinal (VR) consultants and recent fellows reflecting on the transition from supervised fellowship to independent consultant practice. Each speaker presents a personally challenging or formative case that taught them a valuable lesson—whether technical, procedural, or psychological. Delegates will gain insight into how real-world complexity, early autonomy, and reflective practice shape surgical growth. This session focuses on honest, practical learning and aims to support and inspire those entering or approaching consultant-level roles in VR.

### **09.05 – 09.20 The ins and outs of the Carlevalle Secondary IOL**

Mr Kirti Jasani

### **09.20 – 09.35 Yamne tips and tricks for the novice surgeon**

Mr Hosam Abdallah

### **09.35 – 09.50 From basics to innovations in scleral buckle**

Mr George Moussa

### **09.50 – 10.05 The best defence is a good offence in the setting of diabetic management**

Mariam El-Abiary

### **10.05 – 10.20 My pneumatic retinopexy journey: The highs and lows and everything in between**

Youssef Helmy

### **10.20 – 10.35 Discussion**